

Northwest Illinois Audubon Society

www.nwilaudubon.org

NIAS MONTHLY PROGRAMS

Join us the first Tuesday of every month, September through May. All of our programs are open to the public.

Most programs are held at the St John United Church of Christ, 1010 Park Blvd., in Freeport.

Most programs begin at 7 PM with announcements, followed by the program at 7:30 and then refreshments.

Check the current newsletter or our website *nwilaudubon.org* for specific monthly details, special events or any changes to the usual time and place.

Please join us!

Questions About Your Membership?

Contact Teresa Smith at 815-238-3963 or timtreetsmith@gmail.com

INSIDE THIS NEWSLETTER:

- 2. Calendar Considerations, Field Trips and Nuthatch Irruption
- 3. Birds and Climate Change, Birdathon
- 4. Christmas Bird Count
- 5. Conservation Committee
- 6. NIAS President's Tweet
- 7. Thank You!

the presenter.

Top text: allaboutbirds.org
Top photo: American White Pelicans
feeding near Fountain City,
Wisconsin. by Dan Barron
December program photo by:
by Bob Chin.
Additional program photo provided by

DECEMBER 2019 - JANUARY 2020

American White Pelican

Pelecanus erythrorhynchos

American White Pelicans breed mainly on isolated islands in freshwater lakes or, in the northern Great Plains, on ephemeral islands in shallow wetlands. They forage in shallow water on inland marshes, along lake or river edges, and in wetlands, commonly 30 miles or more from their nesting islands. Where late summer temperatures bring sunning fish near the surface,



these pelicans can forage on deeper lakes. They rarely winter inland, though the Salton Sea in Southern California is a regular exception. Other inland sites may include large rivers where moving water prevents surface ice, including stretches below dams.



DECEMBER PROGRAMMING

CITIZEN SCIENCE IN THE CROWN OF THE CONTINENT

7:00 PM TUESDAY, DECEMBER 3RD St. John United Church of Christ 1010 Park Blvd. Freeport

The Crown of the Continent encompasses about 28,000 square miles along the Rocky Mountains in southern British Columbia / Alberta and Northwest Montana with Waterton-Glacier International Peace Park at its Center. Breathtaking

landscapes teaming with wildlife provide a perfect place to go, grow and gain a better understanding of our natural world while actively participating in citizen science projects. Our speaker, Bob Chinn will share his experiences as a participant in citizen science projects at Crown of the Continent that focus on species of concern including Common Loon, Harlequin Duck, Clark's Nutcrackers, mountain goats, pikas and migrating raptors.

JANUARY PROGRAMMING

PUFFINS, PEREGRINES, AND PTARMIGAN: A HIGH ARCTIC SUMMER

7:00 PM TUESDAY, JANUARY 7TH
St. John United Church of Christ
1010 Park Blvd. Freeport



In the summer of 2019, Hannah Badgett traveled to Northwest Greenland to be a research assistant with the High Arctic Institute. While in Greenland, she had the opportunity to band several species of birds: Gyrfalcons, Atlantic Puffins, Thick-billed Murres, and more! She will be sharing stories from her experience as a field assistant as well as showing her landscape and wildlife photography. She is currently pursuing a bachelor's degree in Wildlife Education from the University of Wisconsin Stevens Point. Hannah is a Highland Community College graduate.

CALENDAR CONSIDERATIONS

December 3 – Program at 7:00 p.m. at St. John United Church of Christ, 1010 Park Blvd. *See page 1 for details*.

January 4 – "Talking About the Issues" monthly discussion session, 1:30-3:30 p.m. at the home of Fred and Carol Redmore, 1809 Parkview Circle, Freeport, 815-721-3375. For a copy of the first hour topic article contact the Redmores or pick one up at the December monthly meeting. The second hour will be a discussion of whatever issues are brought forth by participants.

All are welcome to attend. Note: January 4 is a Saturday!

January 7 – Program at 7:00 p.m. at St. John United Church of Christ, 1010 Park Blvd. *See page 1 for details.*

January 14 – Board Meeting at 7:00 p.m. at St. John United Church of Christ, 1010 Park Blvd.

January 18 – Field Trip: Open Land Birding, 9 a.m. - noon. *See "Field Trips" for details*.

January 30 – Field Trip: Open Land Birding, 9 a.m. - noon. *See "Field Trips" for details*.



OPEN LAND BIRDING FIELD TRIPS

Saturday, January 18, 9 a.m. - noon Thursday, January 30, 9 a.m. - noon

Leader: Mary Blackmore, 815-938-3204 Carpool from the Harbor-Freight east lot in Freeport at 9 a.m.

Once again we will travel local country roads in search of those open land species from the north that frequent our area primarily during the winter. This year you again have two opportunities for fun - come to either or both!

Typically we'll see several species - notably Snow Bunting, Lapland Longspur and Horned Lark - on roadsides, often in abundance especially if there is adequate snow cover. Snowy Owls have been in the area the last few years and we might again be fortunate to see one. Other species we'll search for include Rough-legged Hawk, Northern Shrike and Merlin. Of course we'll enjoy any bird we see, including our many year-round residents.

We will carpool and cruise country roads in local areas that were historically prairie. Viewing will be done predominantly from vehicles, using cars as blinds. Optional lunch after in Freeport. Confirm your attendance by calling Mary.

WELCOME NEW MEMBERS!

Peggy Korth – Stockton Phyllis Cady – Galena Betsy Kroeger – Baileyville Loren Greenfield – Forreston Loretta Huenefeld – Freeport

NUTHATCH IRRUPTION WAS SIGNIFICANT

Many thanks go to the individuals who reported observing Red-breasted Nuthatches at 29 locations in our area last winter. We weren't the only lucky ones.

According to the Cornell Laboratory of Ornithology's Project FeederWatch data for the Northeast Region, which includes Illinois, the percentage of FeederWatch sites last winter that reported Red-Breasted Nuthatches was the third highest (55%) in the project's history. Only in the winters of 2007-2008 and 2012-2013 were the percentages slightly higher.

To access more FeederWatch information or to join with the nearly 24,000 participants in collecting this important data, go to feederwatch.org. All you need is a bird feeder!

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Mary Blackmore

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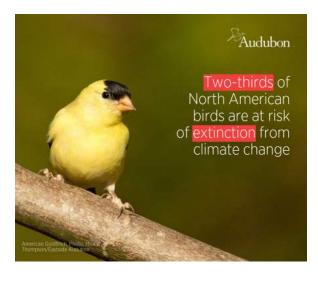
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BIRDS ARE TELLING US IT'S TIME TO TAKE ACTION ON CLIMATE CHANGE

American Goldfinch. Photo: Mick Thompson, Eastside Audubon



Over the last five years, Audubon has used the latest climate models and more than 140 million bird records—including data collected from bird lovers like you—to assemble Survival by Degrees: 389 Bird Species on the Brink, a new, groundbreaking report forecasting the survival of North American birds through the end of the century in extraordinary detail.

Our science shows that 65% of North American bird species are at risk of extinction from climate change. Even common birds like the American Robin, Northern Flicker, and even our Bobolink will experience declining populations and radically different ranges in the near future.

But as the threat of climate change grows, so does Northwest Illinois Audubon's work. This report not only illustrates how our warming planet will impact the birds we all love but also shows us that if we act, there is still time to create a brighter future for birds and people. And we already have a lot of the tools we need to reduce the effects of global warming.

Read the report to learn what birds have been telling us for years: it is time to act.

LEARN and HELP:

Audubon's new report is the most detailed look at the impact of climate change on birds using the latest climate models and bird data available. The report includes a first-of-its-kind zip code-based climate tool: Audubon's Birds and Climate Visualizer, which shows you how climate change will impact local birds and your community—and ways you can help.

Right now, Congress is considering a bill— The Better Energy Storage Technology (BEST) Act of 2019—that would help jumpstart the development of important technology to keep our electric grid resilient and reliable as we phase out fossil fuels and make way for clean, renewable energy sources. You can help by asking your members of Congress to cosponsor the BEST Act to invest in a cleaner tomorrow. (VOTE YES ON BEST)

VULNERABLE BIRDS IN STEPHENSON COUNTY:

Highly and moderately vulnerable birds may lose more than half of their current range.

There are 11 High Vulnerability Species: Henslow's Sparrow, Eastern Whip-poor-Will, Red-headed Woodpecker, Wood Thrush, Brown Thrasher, Field Sparrow, Savannah Sparrow, Eastern Towhee, Bobolink, Cerulean Warbler, and Scarlet Tanager.

In addition, there are 29 Moderate Vulnerability Species, 26 Low Vulnerability Species and 46 stable species. Due to room constraints in this newsletter, they will be shared in later membership meetings. You can also visit https://www.audubon.org/climate/survivalbydegrees for more information.

Juliet Moderow nwilaudubon@gmail.com

Birdathon

Your money goes where the birds go

NIAS BIRDATHON RAISES FUNDS FOR CONSERVATION

This year's May Birdathon raised over \$2900 for conservation organizations, including our chapter, that work to protect birds and the habitat they rely on. The Belize Audubon Society, Sand Bluff Bird Observatory, National Audubon's Mississippi River Initiative, Natural Resources Foundation of Wisconsin's Bird Protection Fund, and the Stewards of the Upper Mississippi River Refuge all received a percentage of 2019 Birdathon funds. Our chapter retained 30% of the funds raised to assist with our many programs and activities.

Many thanks go to both the Birdathon birders and the individuals who sponsored one or more birders. Their generosity provided much needed funds for bird protection projects in both wintering and nesting areas, as well as migration routes.

We all look forward to the 2020 Birdathon!

Mary Blackmore



AUTUMN AUDIO

First you hear the birds. Next it is the insects' turn. Then just the creek sings.

Haiku and photo by: Mary Blackmore



CHRISTMAS BIRD COUNT

It's time once again for the Northwest Illinois Audubon Society to participate in the annual Christmas Bird Count. This will be the 44th time that our chapter has taken part in this endeavor to take one-day snapshots of bird diversity and population in predetermined areas.

You are invited to be a part of this year's count. It will take place on Saturday, December 14. We will meet at the Spring Grove Family Restaurant, 1521 S. West Ave. in Freeport at 6:30 a.m. for a "Dutch-treat" breakfast. After eating, we will assign territories and divide up.

If you are a beginning or novice birder, we will assign you with a more experienced person. The count generally lasts through late afternoon. If you can only help for the morning or afternoon, we will be meeting at 12:00 noon at the Freeport Stephenson County Convention and Visitors Bureau on US Rt. 20 East to eat lunch and discuss afternoon plans. Bring a sack lunch and binoculars and dress for the weather.

Anyone who would like to do some early or late owling should contact count compiler Richard Benning at the number indicated below about the location you will be covering.

You may also be a part of the count by being a feeder counter. See the bird list and instructions below. A sign-up sheet will be passed around at the December 3rd NIAS monthly meeting for both field counters and feeder counters.

If you cannot attend the meeting and wish to participate, or if you have any questions, contact Richard Benning 815-865-5279.

CHRISTMAS BIRD COUNT FEEDER COUNT PARTICIPATION

Participating in a CBC Feeder Count is easy and fun! First, be sure that your feeders are in the official count circle, a 15-mile diameter circle with Read Park in Freeport as the center. If you aren't sure if you are in the circle, call Richard Benning at the number listed above. On the count day, Saturday, December 14, simply watch your bird feeder(s) for at least 4 hours and record the largest number of each species present at any one moment For example, don't add together the 8 juncos seen at 10 a.m. and the 10 juncos seen at 11:30 a.m. The final number should be 10, that is, the most seen at any one time.

You don't have to be glued to the window either, watching every bird for every minute. Just check your feeder often during the hours you are counting. Then complete the form below and mail as indicated by December 21st. Thanks!

	2100. 111011	ко.		
Name:				
Phone:				
Address:				
Email:				

Mourning dove	American Tree Sparrow	
Red-headed Woodpecker	Song Sparrow	
Red-bellied Woodpecker	White-throated Sparrow	
Downy Woodpecker	White-crowned Sparrow	
Hairy Woodpecker	Dark-eyed Junco	
Northern Flicker	Northern Cardinal	
Blue Jay	Purple Finch	
American Crow	House Finch	
Black-capped Chickadee	Pine Siskin	
Tufted Titmouse	American Goldfinch	
Red-breasted Nuthatch	House Sparrow	
White-breasted Nuthatch	(other)	
Brown Creeper	(other)	
European Starling	(other)	

Please mail form to:

CONSERVATION COMMITTEE NEWS

If you've ever had a "health scare," you know that fear can be a powerful motivator to change our lives. We continue to hear scientists' warnings about the need to transition quickly to renewable energy and to radically change our consumerist lifestyles. With the new Audubon report on the dramatic reduction in numbers of many of our beloved birds, it's time for all of us to redouble our efforts and, yes, perhaps be afraid of what will happen if we don't! Fortunately, there are many powerful things we can do.

As individuals we make many choices that can add up to major change. For example:

Eliminate plastic as much as possible. Take your own reusable bags shopping, refuse straws and one-time use plastics, buy produce without plastic packaging, never buy bottled water (get a filter and a steel water bottle), buy bar soap instead of liquid soap (for more ideas, see myplasticfreelife). Buy bird friendly, shade grown coffee. There are a number available to choose from (including shade grown coffee at Cub Foods and Birds and Beans, available at birdsandbeanscoffee.com).

Try one (or more) meatless days a week. Especially make an effort to avoid beef. (Soy production for livestock feed and cattle grazing is driving deforestation of the Amazon rainforest). Try the Beyond Burger (available at Pick N Save in Monroe) or the Impossible Burger if you're craving a hamburger!

Make your next vehicle an electric model or hybrid; consider using a bike for short trips and check out the battery assisted bikes (very cool), lobby for better passenger rail. Add your own ideas and see Juliet's article in this edition.

CLEAN ENERGY IOBS ACT UPDATE

While making individual choices is important, equally important is working for good environmental and energy policy. Right now we have the opportunity to move Illinois forward by passing the Clean Energy Jobs Act. The Clean Jobs Coalition, which includes many environmental and

faith-based groups, continues to push for this legislation to be enacted. This new legislation will take up where the Future Energy Jobs Act left off by:

- Promoting jobs and economic opportunity (renewable energy jobs are one of the fastest growing segments in Illinois presently)
- Putting Illinois on a path to 100% renewable energy by 2050
- Reducing the equivalent of 1 million gasoline and diesel-powered vehicles from the road
- Assuring 100% of our power (electricity) comes from renewable sources by 2030
- Helping those impacted by the closure of coal plants/mines

PLEASE CALL OR WRITE YOUR LEGISLATORS AND ASK THEM TO SPONSOR THE CLEAN ENERGY JOBS ACT (SB2132/HB3624) AND SUPPORT IT BEING CALLED AS SOON AS POSSIBLE.

Remember – they work for you and me! Thank you!

BIRDS AND BEANS COFFEE UPDATE

NIAS has been purchasing bird friendly coffee for our events from Birds and Beans Coffee for several years. Did you know that by doing this, we are:

- Ensuring quality habitat for many of our migratory songbirds
- Helping smaller family farmers earn a living wage
- Supporting vibrant rural communities in Central America
- Ensuring farmers and their children can remain on the land

Climate change has affected farmers in Central America through drought and disease, leading many of them to abandon their farms and try to earn a living elsewhere. One of the founders of Birds and Beans, Bill Wilson, was asked how the coffee farms they contract with were doing. He said that most of the farms they deal with have been

in the families for generations and good land stewardship is one of their hallmarks. Fortunately, these farmers are continuing to do very well. This is one simple but important thing we can do to help both birds and people!

Candy Colby

A NEW AND BEAUTIFUL RELATIONSHIP

I have spent most of my adult life in a career that placed me on a path of trying to inspire people to have a relationship with nature. Common sense as well as recent research shows numerous reasons why this bond to nature benefits us all. Spending time in nature decreases stress, improves concentration, aids in self-esteem, improves creativity. The beauty that nature beholds to us amazes us and puts us in a state of awe. It also helps us get and stay physically fit and so much more. One of my favorite authors, Robin Wall Kimmerer writes, "we are showered every day with the gifts of the Earth, gifts we have neither earned nor paid for: air to breathe, nurturing rain, black soil, berries and honeybees, the tree that became this page, a bag of rice, and the exuberance of a field of goldenrod and asters at full bloom." The Earth is a wondrous natural cornucopia.

If we look a little closer at the definition of a relationship we find, "the way in which two or more concepts, objects, or people are connected, or the state of being connected." Doesn't it seem that this connection should be more of a two-way give and take with the Earth? As stated above, it is obvious the benefits nature affords us, but what do WE do to reciprocate this amazing relationship? We all have gifts to offer nature, some are artist, singers, and dancers for the Earth. Some are organizers, writers, trail guides, restorationist and planners for a better world. We all need to be totally engaged in this special relationship.

As Juliet, the NIAS president wrote in her leading words to this newsletter, we need to develop a relationship with those that represent us and make the decisions on law and policies. How many of us know where

(continued page 6)

NIAS PRESIDENT'S TWEET

The latest National Audubon Society Report, Survival by Degrees, released on October 10 was troubling. You can find the report in the latest edition of the Audubon magazine as well as on the National Audubon Society website. The report states that 389 bird species are at risk of extinction in a warming world. (*Please read page 4 for more about the report*).

The report states that if we can limit global warming to 1.5 degrees C above preindustrial levels, 290 species would be more likely to survive. It is not only about birds. It is about all living species on the planet, including us.

What can we do? A lot of it comes down to how we communicate with our elected officials. Call, write, email them (we put their names, phone numbers, and contact information in EVERY newsletter!) and tell them to support capping carbon emissions, to support energy-efficiency standards, to expand and incentivize clean-energy sources, to reduce tailpipe emissions,

to preserve and restore landscapes that sequester carbon, and to invest in technologies that can promote clean-energy transitions. We need to preserve the Endangered Species Act, Clean Water Act, and Migratory Bird Treaty.

There is a lot more. Make your yard bird-friendly. You can also plant NATIVE plants to support birds in our own area. It warms my heart to see all of the birds eating the leftover seeds of my native plants this fall and gives me hope. Clean your feeders and nest boxes OFTEN. Keep your cats indoors ALWAYS. TEACH children to enjoy nature. Protect local parks and help manage local preserves.

I have hope for our planet. Let's work together on this.

REMEMBER: WHAT'S GOOD FOR THE BIRDS IS GOOD FOR PEOPLE.

Juliet Moderow nwilaudubon@gmail.com

A NEW AND BEAUTIFUL RELATIONSHIP CONTINUED...

our representatives stand on issues involving the environment? They are making decisions that effect our clean air, clean water, wildlife habitat, shouldn't we have our voices heard? One can find on the Illinois Environmental webpage (https://ilenviro.org) a link to their legislature scorecard. The scorecard will let you know what current environmental bills are being considered and how our representatives have voted on past bills and how they are voting on current bills. Federal representative's environmental voting records can be found by entering the League of Conservation Voters webpage. (https://www.lcv.org) I hope you give these pages a look.

The first step to this type of action is to educate oneself on how the people in the elected positions are voting. The second is to let them know how you feel about their votes or to educate them on voting in a positive environmental way. In 2018, 318 million people visited our National Parks. If we could assume they are pro-environment

and they all wrote or called their legislatures, wouldn't that be a good start for a trend to pass on to future generations, a clean, healthy, critter-filled world that we have now? Okay, maybe that is a little ambitious, what do you say all of us as NWIAS members write a letter or make a call? It could be the start of a new and beautiful relationship!

Don Miller



EARTH FRIENDLY RECIPE

LENTIL PUMPKIN CURRY

Makes 5 servings

This curry is full of flavor and is a great source of protein and soluble fiber.

INGREDIENTS

- 1-2 tablespoons olive oil
- 1 cup finely chopped onion
- 1 tablespoon mild curry powder
- 1 teaspoon ground coriander
- ½ teaspoon ground cinnamon
- ½ teaspoon garam masala

(available at Cub Foods)

- 1 teaspoon sea salt
- 1-1/2 cups dried green or brown lentils, rinsed and drained
- 1 15-ounce can pumpkin puree or sweet potato puree
- 2-3/4 cups water
- 2 cups chopped apples (try Granny Smith)
- 1-1/2 tablespoons lemon juice, optional

DIRECTIONS

In a large pot heat olive oil at medium or medium-high heat; add onion and saute until soft, about 5 minutes. Add spices and saute for 1 minute. (If you'd like to avoid oil, combine 2 tablespoons water, onion, spices and salt. Cover and cook over medium heat, stirring once, for 4-5 minutes, until onion starts to soften. If the onion sticks, add a little more water).

Add the lentils and stir for a few minutes. Add the pumpkin and water. Increase the heat to high and bring to a boil. Reduce the heat to low, add the apples, cover, and simmer for 45-50 minutes until the lentils are tender and water is absorbed.

If the curry is not thick enough for your taste, reduce it (uncovered) for another 15 minutes or so. Add the lemon juice, stir and serve.

If you'd like some heat, add ¼ teaspoon of crushed red pepper flakes or a spicier curry powder along with other spices when sauteeing the onions.

From Physicians' Committee for Responsible Medicine, recipe by Dreena Burson

Would you like to join Audubon as a NEW Member or give a GIFT membership?

Two types of membership are available:

1. Northwest Illinois Audubon Society and National Membership

includes this local newsletter, local mailings and the national "Audubon" magazine.

____ National Membership \$20

2. Northwest Illinois Audubon Society Local only Membership

includes this newsletter and other mailings from our local chapter.

____ Local Only \$15

Name of new member or gift recipient ______

Phone______ Email_____

Address _____

State ____ Zip Code _____ If this is a gift membership, please indicate the name of the person providing the gift membership:

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Make check payable to **NORTHWEST ILLINOIS AUDUBON SOCIETY** and mail to: Treasurer, Northwest Illinois Audubon Society, P.O. Box 771, Freeport, IL 61032



Thank you to Mary Blackmore for serving as representative for NIAS for 40 years as well as performing leadership roles specific to the Audubon Council of Illinois. We truly appreciate her dedication to the mission of enhancing relationships with other chapters in Illinois.

Fall stewardship participants and prairie seed collectors at both Elkhorn Creek and Silver Creek Biodiversity Preserves: Kara Gallup, Mary Blackmore, Harlan and Judy Corrie, John and Anita Nienhuis, Kayse Rushford, Teresa Smith, Pam and Jim Richards, Paul Brown, Fred and Carol Redmore, Merry Blake, Laura Dufford, Carol and Bob Curtis, Larry Seffrood, Ernie Bose, Bernard Lischwe and Keri Rainberger. Recent field trip leaders/coordinators: Richard Benning, Chris Kruger and Laura Dufford.

Volunteers who donated treats for our 2019 campfires: Mary Blackmore, Alice Akins and Kara Gallup.

Darrell Windle for his recent donation.

Nancy and Randy Ocken for hosting this year's preserves volunteer potluck and meeting.

John and Anita Nienhuis for hosting our prairie seed processing sessions.

Teresa Smith, Carol Redmore, Judy Corrie, Kara Gallup and Mary Blackmore for providing treats at seed collecting outings.

Lynn Feaver for mowing firebreaks at our Elkhorn Creek preserve.

BIRD SEED SALE THANK YOUS!

Thank you to everyone who purchased birdseed from our annual October fundraiser. Our profit of over \$3500 will be used to fund our many chapter programs, activities and publications.

The sale would not have been possible without our team of volunteers who helped with seed distribution and delivery, ear corn picking and bagging, order processing, flier

BOARD MEMBERS

President | Juliet Moderow Vice-President | Fred Redmore Secretary | Pam Richards Treasurer | Mary Blackmore

Board members At-Large:

Linda Black, Paul Brown, Jim Richards, Gary Gordon, Don Miller, Abby Strominger

COMMITTEE CHAIRS

Conservation | Laura Dufford Programs | Teresa Smith Education | Richard Benning Publicity | Deborah Lischwe Membership | Tim Smith Field Trips | Chris Kruger

Sustainable Agriculture

Richard Benning, Mary Blackmore, Laura Dufford and Heidi Thorp

Newsletter Editor | Dan Barron 2115 15th Pl. So. - La Crosse WI 54601 815-541-3261 - dan@beewise.us

nwilaudubon@gmail.com

creation and mailing, and sale planning/coordinating: Tim Smith, Chris Kruger, Mary Blackmore, Laura and Doug Dufford, Nancy and Randy Ocken, Dan Barron, Beau Bunders, Dave Derwent, Gary Gordon, Richard Benning, Merry Blake, Rex Sides, Lynn and Sandy Feaver, Kara Gallup and Paul Brown. Thank you so much! Special thanks go to Tim, Laura, Lynn, Jeremy and Mary for a very speedy sorting and counting process following a very late delivery by our seed supplier.

Many thanks go to the folks at O'Mara Transport Company for not only hosting our main pickup site in Freeport, but also for their flexibility in accommodating the late seed delivery. Thanks also go to Audubon members who hosted our regional pickup sites: John and Kay Day, Alice Akins, Chris Kruger and Jeremy Dixon, and to Joe and Brenda Akins for donating our ear corn.

Need more seed? There are several extra bags each of Our Own Mix, Black Oil Sunflower Seed and Peanut Pieces. To inquire contact Chris Kruger at 815-238-9259.

www.nwilaudubon.org

Northwest Illinois Audubon Society

P.O. Box 771 Freeport, IL 61032-0771

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ADDRESSES/EMAILS OF YOUR LEGISLATORS

Capitol Switchboard (202) 224-3121 • State House Switchboard (217) 782-2000

When using the state switchboard simply ask to be connected to the legislators office. When using the capitol switchboard follow the series of prompts.

FEDERAL

Senator Richard Durbin

Kluczynski Building 38th Floor 230 S. Dearborn, Chicago, IL 60604 www.durbin.senate.gov/contact/

Senator Tammy Duckworth

230 S Dearborn Suite 3900, Chicago, IL 60604 312-886-3506 | www.duckworth.senate.gov

16th District Rep. Adam Kinzinger

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STATE

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